



SKIN HARMONICS

The Basic Bill of Skin Rights Mandala

Dermal Nutrients as Food

DERMAL MALNOURISHMENT

Slowed epidermal renewal, general dullness, slowed correction of hyperpigmentation

DERMAL NOURISHMENT

Resurfaces all skin types, resolves chronic acne, rosacea, hyperpigmentation over time. Prevents & reverses possible sun cancer precursors, fortifies dermal mattress

SOLUTION

Stop use of superficial skin conditioners & inefficient traditional retinol creams! Instead use dermal nutrient serums. Eat whole unprocessed organic local food. Start a garden. Laugh & find gratitude every day.

Protection

UNPROTECTED

Increased sun vulnerability, collagen volume loss, chronic inflammation & overall anxiety, excessive oil production

PROTECTED

Preserved, calm, equanimous, normalized oil production

SOLUTION

Stop use of chemical peels, toners, astringents, daily exfoliation, injectables, nitric oxide, traditional retinol creams, microdermabrasion, all layers & antibiotic creams! Begin using an oil rich moisturizer to rebuild the natural protective acid mantle. Use pure mineral SPF. Your mama was right.

DEEPLY VIBRANT. SOFT.
CONFIDENT. TRANQUIL.
PLUMP. DEWEY. JOYFUL.
PRESERVED. CLEAR.

Skin

Water

DEHYDRATION

Wrinkles, chronic congestion, excess oil production, increased sun sensitivity, compacted skin, sluggish dermal nutrient metabolism, hypersensitivity

HYDRATION

Soft, dewey skin, plumped & diminished fine lines, prevents wrinkles & congestion, normalizes oil production

SOLUTION

Stop oil phobia & use of all astringents! Layer strategically an oil rich moisturizer over a hydrating mist & serum. Drink pure spring water.

Release

TOXINS

Problematic texture, obstructed chi & oxygen circulation, chronic long term congestion contributes to the formation of possible sun cancer precursors.

DETOX

Radically improves texture, optimal chi & oxygen circulation, clears pores, reduces risk of possible sun cancer precursor formation

SOLUTION

Stop self extractions, ineffective chemical peels & scrubbing! Begin expert extractions. Avoid toxic household cleaners and pesticides. Identify intestinal candida and food allergies. Try a sugar, alcohol and processed food cleanse.