



SKIN HARMONICS

Skin Love Happens in Layers

①

Devote

OXYGENATED ROSE WATER

②

Balance, Feast, or Fortify

HYDRATING **SERUM 0, 1, OR 2**

③

Lamina

ROSE SILK MELT • BARRIER REPAIR

skinharmonics.com

Note: The application of this is really important. Please pay careful attention to step 3 below.

- ① Use gentle cleansers minimally—only at night if sunscreen or make-up was used. Otherwise, using warm water, steam and an optional wash cloth is perfectly sufficient—especially in the morning. Pat and towel dry.
- ① Immediately, while skin is dry and thirsty (*Obey the Thirsty Moment—read more on website*), mist generously with **DEVOTE** until almost dripping.
- ② While skin is still moist, apply evenly (most of us can include around eyes) 4-7 pumps of **BALANCE, FORTIFY OR FEAST**.
- ③ While skin is still slippery, and with warm hands and face from shower or sink, use the small shell to help you scoop out 1/4-1/2 tsp. Place this amount in the center of one palm. Mash with thumb until melted and gooey, then slide hands back and forth to spread fully onto both hands. Pat onto your entire face. It will be thick, sticky and mostly uneven. Wait 3-5 minutes. You'll see. Then massage in thoroughly to make it even everywhere. Most of us can use around the eyes and on lips.
- ④ If applying makeup or sunscreen, wait an additional 5 minutes. This leaves a very thin, elegant and powerful barrier—not sticky once melded onto your skin. In the evenings, do this 30 minutes before heading to bed so that **LAMINA** is fully absorbed by your skin and not your pillow.